

Petits-déjeuners / Breakfasts



Plateau continental Continental Breakfast 23€

Boisson chaude	Hot beverage
Jus d'orange ou de pamplemousse frais	Fresh fruit juice (orange or grapefruit)
Panier du boulanger (viennoiseries, pains, beurre, miel & confitures)	Baker's basket with small bread rolls and pastries, white and whole-meal toasts with butter, jam and honey
Salade de fruits frais	Fresh fruit salad
Jambon blanc ou blanc de dinde	White ham or turkey breast
Fromages	Organic cheese platter
Yaourt nature ou aux fruits	Organic yogurt (plain or fruits)

Plateau américain American Breakfast 29€

Boisson chaude	Hot beverage
Jus d'orange ou de pamplemousse frais	Fresh fruit juice (orange or grapefruit)
Panier du boulanger (viennoiseries, pains, beurre, miel & confitures)	Baker's basket with small bread rolls and pastries, white and whole-meal toasts with butter, jam and honey
Salade de fruits frais	Fresh fruit salad
Jambon blanc, blanc de dinde ou bacon	White ham, turkey breast or bacon
Fromages	Organic cheese platter
Yaourt nature ou aux fruits	Organic yogurt (plain or fruits)
2 œufs (brouillés, plat, coque, durs...)	2 eggs (scrambled, flat, hard...)
Accompagnements (tomates provençales, bacon, saucisse porc ou volaille)	Side dishes (Provençal tomatoes, bacon, pork or chicken sausage)

Plateau healthy Healthy Breakfast 29€

Boisson chaude	Hot beverage
Jus d'orange ou de pamplemousse frais	Fresh fruit juice (orange or grapefruit)
Panier du boulanger (viennoiseries, pains, beurre, miel & confitures)	Baker's basket with small bread rolls and pastries, white and whole-meal toasts with butter, jam and honey
Salade de fruits frais	Fresh fruit salad
Jambon blanc ou blanc de dinde	White ham or turkey breast
Fromages	Organic cheese platter
Yaourt nature ou aux fruits	Organic yogurt (plain or fruits)
Gâteau sans gluten	Gluten-free cake
Fruit frais	Fresh fruit
Omelette blanche aux herbes	White omelette with herbs
Fromage blanc (normal ou 0%)	Cottage cheese (plain or low-fat)
Muesli	Muesli