



Marseille

*Le passeport  
du flâneur*

An autumn in Marseille



INTERCONTINENTAL®  
MARSEILLE - HOTEL DIEU

# *An autumn in Marseille!*

In Marseille and the rest of Provence, autumn accompanies us in our colourful walks when the falling leaves are painted in red. Autumn is the perfect season to enjoy outdoor activities, pavement cafés, hills, forests, boat trips, sunsets and more. Such beautiful things await you in Marseille!

Our concierge has designed a very special selection of activities for you to enjoy beautiful moments in our Mediterranean city and the surrounding areas. Plus a selection of shops with benefits just for you.

The opportunity to let yourself be simply swept away by your desires...

Feel free to ask them for advice, they will be happy to guide you !



## • Côté Mer

The sea and its oceanspray... Experience some unforgettable moments by the mediterranean sea!

### **Cruise in a catamaran with le Levantin:**

Come aboard a catamaran with an exceptional team for a unique trip to discover the city of Marseille from a new angle!

Go to the quay on the Vieux-Port and discover the sea...

*Le Levantin*

Contact croisière billetterie : [magali@levantin.fr](mailto:magali@levantin.fr)

Tel : 04 91 24 40 40



### **Cercle des nageurs de Marseille:**

This century-old institution gives you privileged access to its facilities: three pools, two restaurants, a sauna and a gym.

Follow the footsteps of some of the great names in swimming and enjoy a magnificent sea view while you swim!

Book and collect your kit (towel and bathing cap, shower gel and shampoo) at the concierge desk.

*Le Cercle des Nageurs de Marseille*

*Boulevard Charles Livon, 13007 Marseille*

*Tel : 04 96 11 55 55*



### **The Port of Goudes:**

Located at the end of the Route des Goudes, this small traditional and historic fishing port will give you the impression of being at the end of the world, as the locals say.

*Rue Désiré Pelaprat, 13008 Marseille*



### **Sommet de Marseillevyre:**

Look down across Marseille from the Marseillevyre Mountains located on the southern coast of the city. This hiking spot boasts amazing panoramic vistas of Marseille's harbour and nearby Mediterranean islands from the wayside cross at the top. The view is well worth the effort!

*The hike is 5.91km from Les Goudes, with a difference in altitude of 433m. Average level*



## • Côté Terre

Our concierge presents a selection of excursions for every levels, in the heart of Provence, to To make the most of the cultural and natural heritage of Marseille and its surroundings.

Our concierge offers a selection of hikes for all levels:

### **Sainte-Baume:**

Near Aix-en-Provence, the Sainte Baume massif houses a remarkable biodiversity, but not just that. Marked by the legend of Marie Magdalene crying for Jesus-Christ crucifixion, the excursions that lead to the summit of the Sainte-Baume offer a panoramic view of Sainte-Victoire, the Alps and the sea.

*The hike to the sanctuary is 3km, for an hour of hiking.*

*Medium level.*

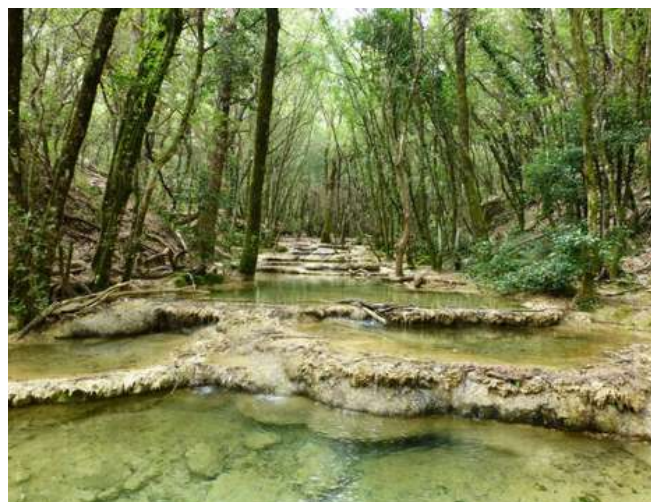


### **Sources de l'Huveaune:**

The ascent to the grotto of Marie-Madeleine also gives rise to a hike along the banks of the Huveaune river with its varied landscapes: caves, streams and forests are available to you. The walk starts in the center of the village of Nans-les-Pins, at the level of the chapel of the Miséricorde.

*The hike is 12.5km long, with a difference in altitude between 450 and 700m.*

*Easy level.*



### **The Colorado Provençal:**

A former open-cast ochre mining site, today it's possible to hike through a setting worthy of American canyons. You'll be instantly charmed by the blazing colors and atypical landscapes of this site.

*Online booking required.*

*Easy and medium level.*





## Carry-le-Rouet, between sea and hills:

Discover the Blue Coast through the hills of l'Estaque. Let yourself be transported by the blue train and enjoy the scenery until Carry-le-Rouet. Between small paths and wide tracks, here is a walk with multiple scents of rosemary, valerian, kermes oak, rockrose which will also offer you beautiful views of the Mediterranean Sea.

*The hike is 12km, with a difference in altitude of 210m.*

*Medium level*

## Mouriès / Aureille - In the heart of an olive grove:

We offer you an excursion in the heart of the Alpilles which could well change the classic image of agricultural Provence for you! Between the village of Mouriès and Aureille, you will walk around the Provençal land, between the olive groves, vineyards and fruit orchards, in the middle of pine forests and garrigues... The little extra? Visit an oil mill between these two villages!

*The hike is 15km, with an altitude difference of 250m.*

*Medium level*

## A side-car ride:

This unusual way to discover our region will undoubtedly seduce you! Drive along the small roads and through villages of Provence, and fall under the spell of the beauty of the landscapes and the cultural heritage. There are several routes you can take to fully enjoy your unusual discovery.

*La Belle Echappée*  
*contact@labelleechappee.fr*  
*Tel : 04 82 29 29 30*





## • Musées de la ville

Stroll around the city and enjoy the overflowing culture of Marseille and Provence!  
Here are our recommendations:

### **Programming of the MuCEM**

The MuCEM, Museum of European and Mediterranean Civilizations, is a major cultural, architectural and heritage site. A must-see in Marseille. Located on 3 sites (the J4 esplanade, the Fort Saint-Jean and the Conservation and Resource Center), it offers a variety of exhibitions.

*Exhibitions:*

### **The Secret Life of Collections at the Belle de Mai - until 8 March 2024:**

Celebrating the museum's 10th anniversary, this exhibition presents 110 objects, photographs, archives and books from the Mucem. It tells the story of the life of the JRC and the objects in its collection through the eyes of those who have built, studied, preserved and promoted it.

### **Field of Visions - until 16 September 2025:**

The artist Mathilde Rosier is sensitive to the question of agrarian rituals and the seasons, and has covered the façade of the Mucem Conservation and Resource Centre with some fifty glass eyes, as an invitation to come and take a closer look at the collection... These eyes form a link between the outdoor space and the indoor space dedicated to conservation.

### **The Great Mezze-permanent exhibition:**

We've all heard that we're supposed to eat five servings of fruits and vegetables a day, but did you know this recommendation was inspired by the Cretan diet, also known as the Mediterranean diet? Check out an inspiring exhibition focussing on the history of our region!

### **Connectivities - Mediterranean Gallery 2-permanent exhibition:**

A History of the Great Mediterranean Port Cities of the XVI<sup>e</sup> and XVII<sup>e</sup> Centuries - Istanbul, Algiers, Venice, Genoa, Seville and Lisbon were the strategic points for power and trade.







## **Cosquer Méditerranée:**

Let yourself be surprised by the prehistoric cave discovered by Henri Cosquer, reconstructed in its entirety in the Villa Méditerranée building. The Cosquer adventure will reveal all the secrets buried for 30,000 years at a depth of 37 metres, on board exploration modules.

*Cosquer Méditerranée*

*Villa Méditerranée*

*Promenade Robert Laffont, 13002 Marseille*

## **Deportation Memorial:**

Artwork and memorial pieces addressing the French Resistance to Nazi occupation and the Vichy government are currently on display in Resistants: an immersive experience and artistic audiovisual exhibition.

*1 quai du Port, 13002 Marseille*

*Tel : 04 91 55 36 00*



## **Regards de Provence Museum:**

The exhibition "Trilogy of Jean Le Gac" (until 19 November 2023) reveals Jean Le Gac's astonishing journey of resonance of images, photographs, drawings, paintings and texts. His works immerse us in the diversity of his views on society.

The exhibition "The Collection - 25 Years" (until 31 March 2024) offers a journey through time in Marseille, the southern coast and the Provençal countryside, highlighting the beauty and realism of the works of the landscape painters and the talent of the naturalist, fauvist and expressionist colourists.



*Av. Vaudoyer, 13002 Marseille*

*Tel : 04 96 17 40 40*



## Centre of the Vieille Charité

Just a stone's throw from the hotel, the Vieille Charité is a magical place that is pleasant to stroll through to admire the architectural beauty, but not just that...

The Vieille Charité is also an arts venue, hosting several structures:

- the museum of Mediterranean archaeology
- the museum of African, Oceanian and Amerindian arts (MAAOA)
- the cipM, International center of poetry of Marseille



### *Centre de la Vieille Charité*

*2 rue de la Charité - 13002 Marseille*

*Tel : 04 91 14 58 80*

## Château Borély - Museum of Decorative Arts, Earthenware and Fashion

The Château Borély is located in the 8th arrondissement of Marseille, not far from La Corniche and Prado beach. In the heart of Parc Borély, the city's most popular green space, with sculptures, ponds and gardens of all kinds, the majestic 17th century bastide now houses the Museum of Decorative Arts, Earthenware and Fashion.

At the moment, you can discover an exhibition based on the color yellow. To highlight the hidden collection of the museums of Marseille, the museum chose this sunny color to exhibit earthenware produced in the 20th century to embellish everyday tables, as well as haute couture models designed by Paco Rabanne, Chantal Thomass and Christian Lacroix.

*Château Borély - Museum of Decorative Arts, Earthenware and Fashion: 132 avenue Clot Bey - 13008 Marseille*

*Tel: 04 91 55 33 60*





## • Que faire aux alentours ?

### **The Carrières de Lumière at Baux-de-Provence:**

A unique sound and light show!  
Dive into the world of Mondrian or Dutch masters From Vermeer to Van Gogh to discover their treasures...

*Carrières de Lumières, Baux de Provence : Route de Maillane - 13520 Les Baux-de-Provence*  
Tel : 04 90 49 20 02



### **Guided tours and wine tasting:**

There are many chateaux and estates on the Mediterranean coast, and you can easily find guided tours offered by the wineries. Discover the heritage, grape varieties, vintages and daily activities of the vineyards of Provence and taste the first vintages of the winegrowers, at all prices and for all tastes!



### **The Cité Radieuse:**

A concept that plays with light, perspective and colour, the Cité Radieuse by Le Corbusier is a must-see. This housing block is full of surprises. Much more than a simple apartment complex, it is a creative, avant-garde architectural work in its own right.

*280 boulevard Michelet, 13008 Marseille*



### **The gallery "Au service de l'Art" :**

Find a new space dedicated to exhibitions of paintings, sculptures and photographs but also artistic meetings and conferences.

You will find exhibitions on the theme of travel:

"Viens je t'emmène" (from 04 to 29 July). These works illustrate abstract and singular art by YAZ, Leen Batal and Laureline, three women, three artists, powerful and free. Each through their universe invites us to an imaginary and emotional journey.

Contact: 06 11 66 79 30  
18 rue cutlery, 13002 Marseille  
Tuesday to Saturday from 11am to 6pm



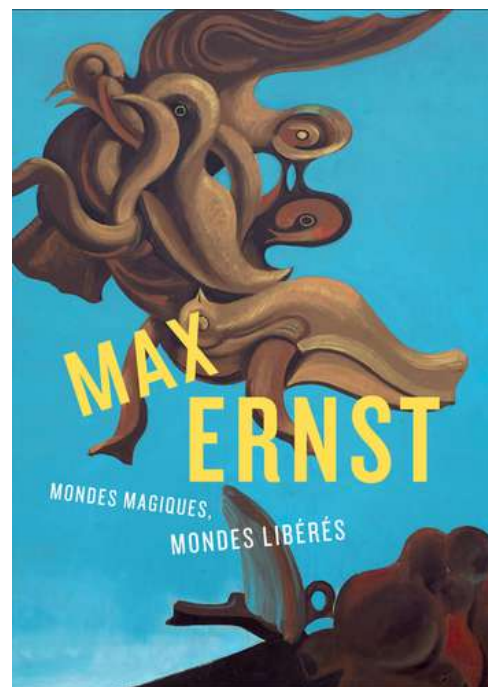


## • Que faire aux alentours ?

### **Max Ernst exhibition at the Hôtel de Caumont, Aix-En-Provence :**

From May 4 to October 8, 2023, The Hôtel de Caumont-Centre d'art devotes its summer exhibition to the genius of Max Ernst (1891-1976) through nearly 130 works. A scholar and prodigious experimenter, Max Ernst crossed the century of the avant-garde with an insatiable thirst for creation and left behind him a complex and very personal body of work. This exhibition retraces the footsteps of this creative genius and highlights his close relationship with nature, play, magic and freedom.

*Hôtel de Caumont, 3 Rue Joseph Cabassol, 13100 Aix-en-Provence  
Tel : 04 90 49 20 02*



### **Genesis at the Palais de la Bourse:**

A luminous and immersive moment... you'll be able to dream with open eyes ! The Palais de la Bourse offers a visual and audio experience in a place steeped in history. Let yourself be tempted by a moment untouched by time...

*Palais de la Bourse , 9 La Cannebière, 13001 Marseille  
Thursday to Sunday: 5pm to 8:30pm*



### **The Museum of Illusion:**

Are you ready for an adventure that will turn you upside down? The Museum of Illusion has opened its doors in Marseille! Trompe-l'œil, holograms, distorting mirrors, optical illusions... nearly 70 works of art await you.

*Place Albert Londres, Bd Jacques Saade, 13002 Marseille  
Online booking required*





## Camargue Regional natural Park:

A natural region located between the Bouches-du-Rhône and the Gard, Camargue is a land known for its wide spaces, its wild horses and bulls, its pink flamingos and thousands of migratory or sedentary birds.

True living and natural heritage, Camargue offers fabulous and various landscapes which we recommend you visit.



## The Petit Train de Méjanès:

Designed by Paul Ricard, the Little Train of Méjanès is the only tourist train to use rails in Camargue. During a 3.5km journey lasting 30 minutes, you will have the opportunity to discover the Méjanès estate in an unusual way, as close as possible to Camargue life !

*Méjanès estate - 13 200 Arles*

*Tel : 04 90 97 10 10*



## Horseback riding:

As an important symbol of Camargue, horses are the best way to explore the estate. Discover the fauna and flora of Camargue, as well as stories and anecdotes that characterize this particular region.

*Domaine de Méjanès - 13 200 Arles*

*Tel : 04 90 97 10 62*



## • Your personalized shopping trip

So you can bring a little piece of Marseille home with you, we have selected some iconic shops, some of which have earned a reputation throughout Provence, all of France or even internationally!

### **ARMENAK:**

The wild child of Marseille fashion since 1989, ARMENAK has been offering collections of shoes and accessories for Him and Her as standard practice for over 30 years. An essential luxury shopping address in the city center of Marseille and Aix-en-Provence, ARMENAK champions fair and demanding fashion through a world of brands whose reputation is well established.

Iconic Hogan sneakers, cult Tod's moccasins, emblematic Sergio Rossi pumps & exclusive Pierre Hardy collaborations are all on show.

You will also appreciate their selection of prestigious shoes with exceptional craftsmanship by Church's, Santoni or Crockett & Jones



A Shining & Maintenance area is available for purists and lovers of personalized services. Polishing ceremonial shoes, complete shoe shine service, refresh of your favourite sneakers, artisanal patinas... their experts are waiting for you.

Don't hesitate to ask our concierge service or come directly to ARMENAK.

**Upon presentation of your current hotel reservation, you will receive a personalised gift with any purchase in the boutiques.**

*34 Rue Paradis -Marseille 1er- à 1km from the hotel.*

*523 Rue Paradis, Marseille 8ème & 19 Rue de Montigny, Aix-en-Provence.*

*ARMENAK.FR / Tel : 04 91 33 30 97*

### **The Espérantine of Marseille**



This exclusive chocolate which won Le Cordon Bleu's 1st Prize for Confectionery is a unique and delicious example of Marseille sweets. This chocolate was awarded the "1st Price Cordon Bleu of the best confectionery" and is a unique and delicious example of typical **sweets** of Marseille.

**Show your hotel booking confirmation at the shop to taste its products and get a small box of their signature chocolates, the award-winning green and black Espérantine... for free!**

*L'Espérantine de Marseille*

*Les Voûtes de la Major- 17 Quai de La Tourette, 13002 MARSEILLE*

*Tel. 04 91 01 44 96*





### **La Lunetterie:**

This shop will thrill adults and children alike. With a large choice of original glasses, let yourself be guided by the recommendations of Gautier, the optician, who will unearth some rare gems for your sweet little face!

**Upon presentation of your current hotel reservation, get a review of your favorite pair of glasses, and a 10% discount.**

*La Lunetterie*

*5-7 Rue Méry, 13002 Marseille - 200m from the l'hôtel*

*Tel : 04 91 91 14 46*

### **400M2/THE CORNER.COM**

The opening of 400m2/TheCorner.com in Marseille in 2016 marked a new stage in the evolution of luxury goods and fashion, with its meticulously selected brands and pleasing ambiance, making the boutique the perfect place for welcoming customers to a new shopping experience.

The brands (MEN AND WOMEN) are GUCCI, FENDI, BOTTEGA VENETA, SAINT LAURENT, PRADA, DOLCE GABBANA, ALEXANDER MC QUEEN, BURBERRY, MIU MIU, JIMMY CHOO and more...

**Upon presentation of your current hotel reservation, get a personalized welcome.**

*400M2*

*21 rue grignan 13006 Marseille*

*1km from the l'hôtel*

*Tel : 04 91 33 31 49*



### **La maison FROJO :**



Since 1854, Frogo has been a true jewelry craftsman for 5 generations in Marseille.

Owner of his own workshop and distributor of major luxury brands, the House offers a wide range of jewelry and watches. The flagship store at 17 rue Grignan is the head office, you can find the brands Cartier, Omega, IWC, Panerai and more !

For watch lovers, the atypical space at rue Paradis will enchant you with its presentation of exceptional timepieces. For a spontaneous purchase, Mademoiselle FROJO at 20 rue Francis Davso, presents the creations of Charlet, Ginette NY, Vanrycke and Djula.

**Upon presentation of your current hotel reservation, distributor of jewels and watches from luxury brands.**

*La Maison Frojo - [www.frojo.com](http://www.frojo.com)*

*17 rue Grignan, 6 rue Paradis, 20 rue Francis Davso 13006 Marseille*

*Tel : 04 91 54 88 78*





### **Lyly concept:**

LyLy Concept, a boutique nestled in the heart of the historic Panier district, was created out of a desire to promote local designers. In the cosy atmosphere of the city's oldest soap factory, Fer à Cheval, you can find genuine Savon de Marseille soap, natural candles scented with Mediterranean fragrances and illustrations of some of the Phocaeen city's most iconic figures.

You can also appreciate sardines, the characteristic latticework on the Mucem's façade and souvenirs made of traditional terracotta tiles in shimmering colours proudly displaying the silhouette of Notre-Dame de la Garde Basilica.

**Upon presentation of your current reservation at the hotel, receive a gift for any purchase in the boutique.**

*LyLy Concept - 7 rue de l'Evêché, 13002 Marseille  
Tel : 0612795473  
500 m from the hotel or buy online with free shipping*

### **Fragonard:**

A proud representative of the brand from Grasse, with its delicate and elaborate scents this magnificent boutique will enchant you.

A family business with ancestral expertise, Fragonard composes its perfumes and soaps according to the collections.

**Upon presentation of your current stay at the hotel, get a 10% discount!**

*Fragonard - Les Voûtes de la Major  
20 Quai de La Tourette, 13002 MARSEILLE  
Tel. 04 91 01 44 96*

### **Dinh Van, designer and iconoclastic jewelry since 1965:**

The vision of dinh van for jewelry is simple: a grammar impregnated with design, jewelry for all, which is worn with everything, all the time. His icon, Handcuffs Dinh Van and all the collections are to be found from Monday to Saturday in his shop downtown.

**Upon presentation of your current reservation at the hotel, a champagne welcome will be reserved for you !**

*57, rue Francis Davso - Marseille  
Tel. +33(0)6 45 20 32 63*





## **Printemps Terrasses du Port:**

Ideally located in the Terrasses du Port shopping center, Printemps is the shopping benchmark in Marseille, with a selection of women's and men's fashion, bath, lingerie and accessories (jewellery, watches & leather goods).

Enjoy an unforgettable shopping experience with a breathtaking view of the Mediterranean!

Upon presentation of your current reservation at the hotel, Printemps Terrasses du Port offers you a number of services available on site:

- A personal shopper service offered from Monday to Sunday from 10am to 8pm, which includes :
  - Possible delivery directly to the hotel
  - Physical appointment or by video
  - Product ordering
  - Coffee or champagne reception
  - Free beauty or scent workshop
- Tax exemption for customers outside the European Union (up to 12%)
- Loyalty program for French, European or foreign customers
- Click & collect (second floor) : order on our websites and do your fittings in shop. Free return to shop.
- Distance selling: On any call to 04 86 06 21 21 a secure payment link is sent for online payment. Purchases can be delivered or picked up in shop.

### **Service Personal Shopper:**

Book your appointment online: <https://www.printemps.com/fr/fr/nos-personal-shoppers> (video or physical appointment) or by phone: 04 86 06 21 21

### **Click and collect:**

To order online : : [www.placedestendances.com](http://www.placedestendances.com) / [www.printemps.com](http://www.printemps.com) / [www.citadium.com](http://www.citadium.com)



*Printemps - Centre commercial Terrasses du Port  
9 quai du Lazaret, 13002 Marseille*

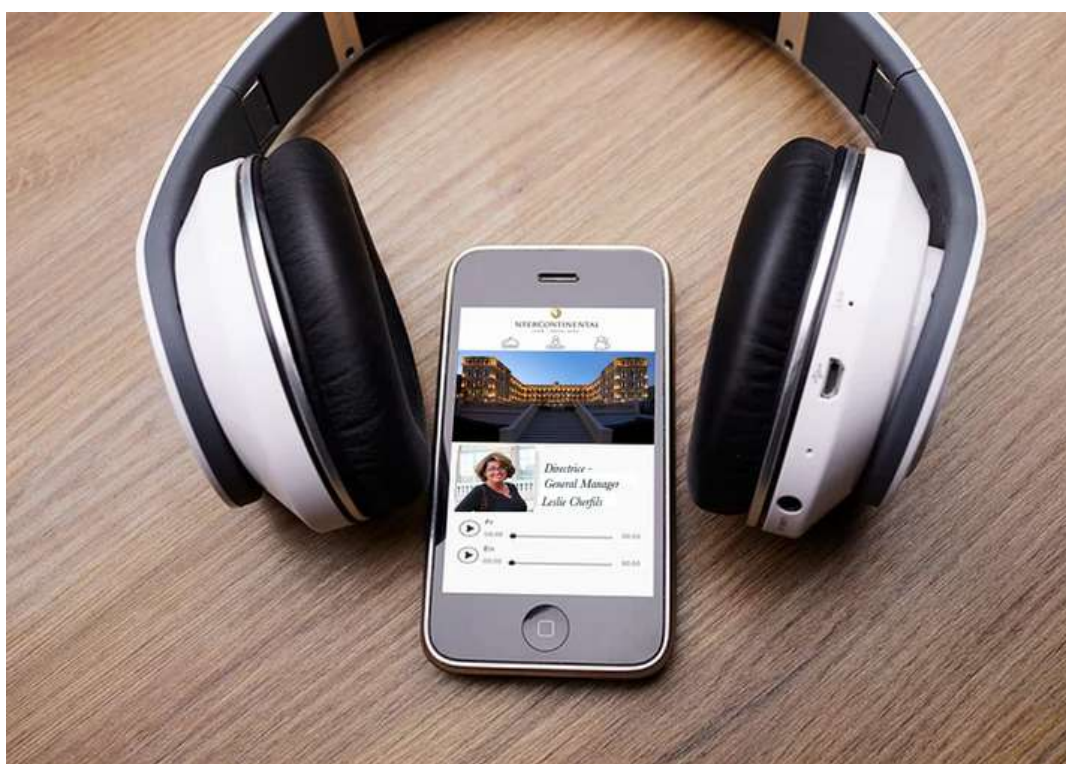


## • **Votre podcast by Phonomade**

The company Phonomade has supported us to set up a unique experience that can accompany you during your stay: the podcasts of the InterContinental Marseille Hotel Dieu. Thanks to your smartphone, you can listen to the “voices” of the hotel, and enjoy audio-guided tours of the hotel and discover the stories of the most beautiful brands in the city. A section dedicated to children will allow them to discover Marseille or listen to stories to fall asleep!

An innovative, practical, sensory and therefore resolutely human experience to listen to here:

[www.phonomade.com/1333](http://www.phonomade.com/1333)





*Enjoy your stay with us!*



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MARSEILLE – HOTEL DIEU