



Marseille

*Le passeport
du flâneur*

A spring from Marseille



INTERCONTINENTAL®
MARSEILLE – HOTEL DIEU

A spring in Marseille !

In Marseille and the rest of Provence, spring comes with us in our flowery strolls whose smell augurs us the rebirth of pleasure of their secret figure.

Spring is the perfect season to enjoy outdoor activities, pavement cafés, hills, forests, boat trips, sunsets and more.
Such beautiful things await you in Marseille!

Our concierge has prepared a selection of activities and privileged addresses offering you exclusive advantages. The opportunity to let yourself be carried away according to your desires in all simplicity...

Don't hesitate to ask them for advice.

• Sea side

The sea and its oceanspray... Experience some unforgettable moments by the mediterranean sea!

La Flâneuse :

Come aboard an exceptional boat... In a warm and friendly atmosphere, the crew of La Flâneuse invites you to take part in the boat's maneuvers, while discovering Marseille's coastline, the seafront from l'Estaque to Les Goudes, its harbor with the Château d'If and its protected natural sites.

Tel: 06 73 77 34 42

Website: <https://www.laflaneuse.fr/>



Cercle des nageurs de Marseille:

Enjoy privileged access to the club's three pools, one of which is outdoors with a plunging view of the sea! Swim in the footsteps of the great names in swimming and enjoy a magnificent view of the Mediterranean. Reserve and collect your kit (towels, bathing cap and miniguide) from the concierge.

Le Cercle des Nageurs de Marseille
Boulevard Charles Livon, 13007 Marseille
Tel : 04 96 11 55 55



The Port of les Goudes:

Located at the end of the Route des Goudes, this small traditional and historic fishing port will give you the impression of being at the end of the world, as the locals say.

Rue Désiré Pelaprat, 13008 Marseille



Marseillevyre summit

Look down across Marseille from the Marseillevyre Mountains located on the southern coast of the city. This hiking spot boasts amazing panoramic view of Marseille's harbour and nearby Mediterranean islands from the wayside cross at the top. The view is well worth the effort!

The hike is 5.91km from Les Goudes, with a difference in altitude of 433m. Average level



• Côté Terre

Our concierge presents a selection of excursions for every levels, in the heart of Provence, to make the most of the cultural and natural heritage of Marseille and its surroundings.

Our concierge offers a selection of hikes for all levels:

Sainte-Victoire:

The Sainte Victoire mountain rises majestically over the Aix-en-Provence hinterland.

It has inspired many artists, including Paul Cézanne, who depicted it in some 80 works. It's an exceptional site in many ways.

A hike on the Sainte-Victoire, one of Provence's great classics! Culminating at 1011m, this mountain is a symbol of Bouches-du-Rhône and the surrounding area.

Climb up to the Croix de Provence or the Pic de la Mouche!



Sources de l'Huveaune:

The ascent to the grotto of Marie-Madeleine also gives rise to a hike along the banks of the Huveaune river with its varied landscapes: caves, streams and forests are available to you. The walk starts in the center of the village of Nans-les-Pins, at the level of the chapel of the Miséricorde.



The hike is 12.5km long, with a difference in altitude between 450 and 700m.

Easy level.

The Colorado Provençal:

A former open-cast ochre mining site, today it's possible to hike through a setting worthy of American canyons. You'll be instantly charmed by the blazing colors and atypical landscapes of this site.



Online booking required.

Easy and medium level.

Carry-le-Rouet, between sea and hills:

Discover the Blue Coast through the hills of l'Estepaque. Let yourself be transported by the blue train and enjoy the scenery until Carry-le-Rouet. Between small paths and wide tracks, here is a walk with multiple scents of rosemary, valerian, kermes oak, rockrose which will also offer you beautiful views of the Mediterranean Sea.

The hike is 12km, with a difference in altitude of 210m.

Medium level



Theatrical play based on Marcel Pagnol's "Naïs":

The Domaine de Pichauris, located in the hills of Allauch, is transformed into the stage for a re-enactment of Marcel Pagnol's 1945 film Naïs. Set against a life-size backdrop, you can immerse yourself in the evocative landscapes of the Provencal writer and film-maker's work on a walk of almost 10 kilometers!

Places are very limited, ask to our concierge

The hike is 10km

Medium level



A side-car ride:

This unusual way to discover our region will undoubtedly seduce you!

Drive along the small roads and through villages of Provence, and fall under the spell of the beauty of the landscapes and the cultural heritage. There are several routes you can take to fully enjoy your unusual discovery.

La Belle Echappée

contact@labelleechappee.fr

Tel : 04 82 29 29 30



• **Marchés de la ville**

Stroll through Marseille's markets and you're sure to find what you're looking for!

Spring invites the flower market on the Old Port every Saturday morning

Marseille is a city with a culture of markets. You're probably familiar with the main ones, but have you ever seen the Vieux-Port flower market?

Just a short stroll from the hotel and you'll discover local flowers, plants and other cuttings. Breathe in the delicious scents of Provence every Saturday morning from 8am to 1pm at the Quai du Port!



A food market on the Old Port every Sunday morning

The City of Marseille has set up a new food market every Sunday morning from 8am to 1pm on the Old Port! This brand-new market takes place on the Quai de la Fraternité, between the Ombrière and the Samaritaine, and features around thirty stalls selling quality seasonal produce from short distribution channels.

The new exhibitors offer fruits, vegetables, cheeses, cold meats and meats, seafood, spices and aromatic plants, drinks, bread, ready-made meals, etc.

Committed to showcasing the diversity of Mediterranean agricultural production and gastronomy, the City of Marseille also organizes weekly events, conferences and cooking workshops at the market!



• Musées de la ville

Stroll around the city and enjoy the overflowing culture of Marseille and Provence!
Here are our recommendations:

Programming of the MuCEM

The MuCEM, Museum of European and Mediterranean Civilizations, is a major cultural, architectural and heritage site. A must-see in Marseille. Located on 3 sites (the J4 esplanade, the Fort Saint-Jean and the Conservation and Resource Center), it offers a variety of exhibitions.

Exhibitions:

The Secret Life of Collections at the Belle de Mai - until 8 March 2024:

Celebrating the museum's 10th anniversary, this exhibition presents 110 objects, photographs, archives and books from the Mucem. It tells the story of the JRC life and the objects in its collection through the eyes of those who have built, studied, preserved and promoted it.

Field of Visions - until 16 September 2025:

The artist Mathilde Rosier is sensitive to the question of agrarian rituals and the seasons, and has covered the façade of the Mucem Conservation and Resource Centre with some fifty glass eyes, as an invitation to come and take a closer look at the collection... These eyes form a link between the outdoor space and the indoor space dedicated to conservation.

The Great Mezze - permanent exhibition:

We've all heard that we're supposed to eat five servings of fruits and vegetables a day, but did you know this recommendation was inspired by the Cretan diet, also known as the Mediterranean diet? Check out an inspiring exhibition focussing on the history of our region!

Connectivities - Mediterranean Gallery 2 - permanent exhibition:

A History of the Great Mediterranean Port Cities of the XVI^e and XVII^e Centuries - Istanbul, Algiers, Venice, Genoa, Seville and Lisbon were the strategic points for power and trade.





Cosquer Méditerranée:

Let yourself be surprised by the prehistoric cave discovered by Henri Cosquer, reconstructed in its entirety in the Villa Méditerranée building. The Cosquer adventure will reveal all the secrets buried for 30,000 years at a depth of 37 metres, on board exploration modules.

Cosquer Méditerranée

Villa Méditerranée

Promenade Robert Laffont, 13002 Marseille

Palais Longchamp:

Within its imposing walls lie two cultural gems: the Musée des Beaux-Arts and the Muséum d'Histoire Naturelle. These two museums house artistic and scientific treasures that bear witness to the history and diversity of Marseille, inviting you on a captivating journey through the centuries and the wonders of nature.

Blvd du Jard Zoologique, 13004 Marseille



Musée Cantini:

Housed in a private mansion built in 1694 by the Compagnie du Cap Nègre, the Musée Cantini boasts a surprising permanent collection.

It tells the story of Jules Cantini, an art lover and major marble mason who took part in the construction of numerous civil and religious buildings in Marseille. He donated the hotel to the city of Marseille in 1916 to become a museum dedicated to modern art.

*Open Tuesday to Sunday, 9 a.m. to 6 p.m.
19 Rue Grignan, 13006 Marseille*

Centre of the Vieille Charité

Just a stone's throw from the hotel, the Vieille Charité is a magical place that is pleasant to stroll through to admire the architectural beauty, but not just that... The Vieille Charité is also an arts venue, hosting several structures:

- the museum of Mediterranean archaeology
- the museum of African, Oceanian and Amerindian arts (MAAOA)
- the cipM, International center of poetry of Marseille

Centre de la Vieille Charité

2 rue de la Charité - 13002 Marseille

Tel : 04 91 14 58 80



Château Borély - Museum of Decorative Arts, Earthenware and Fashion

The Château Borély is located in the 8th arrondissement of Marseille, not far from La Corniche and Prado beach. In the heart of Parc Borély, the city's most popular green space, with sculptures, ponds and gardens of all kinds, the majestic 17th century bastide now houses the Museum of Decorative Arts, Earthenware and Fashion.

At the moment, you can discover an exhibition based on the color yellow. To highlight the hidden collection of the museums of Marseille, the museum chose this sunny color to exhibit earthenware produced in the 20th century to embellish everyday tables, as well as haute couture models designed by Paco Rabanne, Chantal Thomass and Christian Lacroix.

Château Borély - Museum of Decorative Arts, Earthenware and Fashion: 132 avenue Clot Bey - 13008 Marseille

Tel: 04 91 55 33 60



• What to do around?

The Carrières de Lumière at Baux-de-Provence:

Quarries refer to sites where stone is extracted for various uses (construction, sculpture, etc.). Discover a unique sound and light show! Dive into the world of Mondrian or Dutch masters From Vermeer to Van Gogh to discover their treasures...

*Carrières de Lumières, Baux de Provence : Route de Maillane -
13520 Les Baux-de-Provence
Tel : 04 90 49 20 02*



The Pastis Museum:

Enjoy a unique experience with Mx Maison Yellow!
Much more than just an exhibition, this interactive, digital and innovative venue invites you to take a journey through your five senses to discover the famous pastis. Discover a great mix of Provence and elsewhere, where local plants and spices from around the world meet here at Les Docks. Meet Marseille as city who continues to blend flavors, scents and cultural diversity.

*10am - 7pm Monday to Sunday
Les Docks Village, Place Paul RICARD, 10 Place de la Joliette,
13002 Marseille*



Hôtel de Caumont - Centre d'art :

In collaboration with the Mucha Foundation, the Hôtel de Caumont is devoting its winter exhibition to the great master of Art Nouveau, Alphonse Mucha. This prolific and visionary artist revolutionized his contemporaries' relationship with art, applying his aesthetic to fields such as posters, advertising and Belle Époque theater. Through nearly 120 works, this exhibition highlights the splendor and evolution of the Mucha style, where mysticism, symbolism, Slavic identity and beauty come together.

*Until March 24, 2023, open daily from 10am to 6pm.
3, rue Joseph Cabassol 13100 Aix-en-Provence
Tel: 04 42 20 70 01*



La galerie des Augustines :

Discover the Galerie des Augustines, a hidden treasure in the Panier district. This gallery tells the fascinating story of a former 17th-century Ursuline convent, taken over by the Augustines in 1748. Today, the Galerie serves as a showcase for a variety of artistic expressions.

*Thursday to Sunday, 2pm to 8pm
6, place des Augustines, 13002 Marseille*



Camargue Regional natural Park:

A natural region located between the Bouches-du-Rhône and the Gard, Camargue is a land known for its wide spaces, its wild horses and bulls, its pink flamingos and thousands of migratory or sedentary birds.

True living and natural heritage, Camargue offers fabulous and various landscapes which we recommend you visit.



Le Château La Coste:

Château Lacoste, a winegrowing estate, art center and gourmet venue, nestled on 200 hectares steeped in history and a winegrowing tradition dating back to Roman times, offers a magnificent setting of vineyards, cypresses, olive and oak trees. The estate emphasizes organic farming and environmental preservation quality yields. You can explore over 40 works of contemporary art on a 2-3 hour walk through the hills and vineyards, just minutes from Aix-en-Provence. The art installations are scattered across the vineyard slopes, so comfortable shoes, appropriate clothing and water are recommended. In addition, the estate offers art and architecture exhibitions in unique galleries, as well as a variety of wines, from fresh and expressive to more structured wines for ageing, as well as La Bulle de La Coste traditional method for festive moments. An exceptional cultural and wine experience in the heart of Provence.

Open daily from 10am to 7pm - temporary exhibitions from 12pm to 5pm
2750 route de la Cride - 13610 Le Puy-Sainte-Réparate
Tel : 04 42 61 89 98



• Your personalized shopping trip

So you can bring a little piece of Marseille home with you, we have selected some iconic shops, some of which have earned a reputation throughout Provence, all of France or even internationally!

ARMENAK:

The wild child of Marseille fashion since 1989, ARMENAK has been offering collections of shoes and accessories for Him and Her as standard practice for over 30 years. An essential luxury shopping address in the city center of Marseille and Aix-en-Provence, ARMENAK champions fair and demanding fashion through a world of brands whose reputation is well established.

Iconic Hogan sneakers, cult Tod's moccasins, emblematic Sergio Rossi pumps & exclusive Pierre Hardy collaborations are all on show.

You will also appreciate their selection of prestigious shoes with exceptional craftsmanship by Church's, Santoni or Crockett & Jones



A Shining & Maintenance area is available for purists and lovers of personalized services. Polishing ceremonial shoes, complete shoe shine service, refresh of your favourite sneakers, artisanal patinas... their experts are waiting for you.

Don't hesitate to ask our concierge service or come directly to ARMENAK.

Upon presentation of your current hotel reservation, you will receive a personalised gift with any purchase in the boutiques.

34 Rue Paradis -Marseille 1er- à 1km from the hotel.

523 Rue Paradis, Marseille 8ème & 19 Rue de Montigny, Aix-en-Provence.

ARMENAK.FR / Tel : 04 91 33 30 97

The Espérantine of Marseille



This exclusive chocolate which won Le Cordon Bleu's 1st Prize for Confectionery is a unique and delicious example of Marseille sweets. This chocolate was awarded the "1st Price Cordon Bleu of the best confectionery" and is a unique and delicious example of the confectionery typical of Marseille.

Show your hotel booking confirmation at the shop to taste its products and get a small box of their signature chocolates, the award-winning green and black Espérantine... for free!

L'Espérantine de Marseille

Les Voûtes de la Major- 17 Quai de La Tourette, 13002 MARSEILLE

Tel. 04 91 01 44 96



La Lunetterie:

This shop will thrill adults and children alike. With a large choice of original glasses, let yourself be guided by the recommendations of Gautier, the optician, who will unearth some rare gems for your sweet little face!

Upon presentation of your current hotel reservation, get a review of your favorite pair of glasses, and a 10% discount.

La Lunetterie

5-7 Rue Méry, 13002 Marseille - 200m from the l'hôtel

Tel : 04 91 91 14 46

400M2/THE CORNER.COM

The opening of 400m2/TheCorner.com in Marseille in 2016 marked a new stage in the evolution of luxury goods and fashion, with its meticulously selected brands and pleasing ambiance, making the boutique the perfect place for welcoming customers to a new shopping experience. The brands are Gucci, Fendi, Saint Laurent, Prada, Dolce Gabbana, Burberry, Miu Miu, Jimmy Choo ...

Upon presentation of your current hotel reservation, get a personalized welcome and privatization (please ask concierges in advance)

21 rue grignan 13006 Marseille

1km from the l'hôtel

Tel : 04 91 33 31 49



La maison FROJO :



Since 1854, Frogo has been a true jewelry craftsman for 5 generations in Marseille. Owner of his own workshop and distributor of major luxury brands, the House offers a wide range of jewelry and watches. The flagship store at 17 rue Grignan is the head office, you can find the brands Cartier, Omega, IWC, Panerai and more !

For watch lovers, the atypical space at rue Paradis will enchant you with its presentation of exceptional timepieces. For a spontaneous purchase, Mademoiselle FROJO at 20 rue Francis Davso, presents the creations of Charlet, Ginette NY, Vanrycke and Djula.

Upon presentation of your current hotel reservation, distributor of jewels and watches from luxury brands.

La Maison Frojo

17 rue Grignan, 6 rue Paradis, 20 rue Francis Davso

13006 Marseille



Lyly concept:

LyLy Concept, a boutique nestled in the heart of the historic Panier district, was created out of a desire to promote local designers. In the cosy atmosphere of the city's oldest soap factory, Fer à Cheval, you can find genuine Savon de Marseille soap, natural candles scented with Mediterranean fragrances and illustrations of some of the Phocaean city's most iconic figures.

You can also appreciate sardines (and the fish story of the one that supposedly choked the port of Marseille), the characteristic latticework on the Mucem's façade, and souvenirs made of traditional terracotta tiles in shimmering colours proudly displaying the silhouette of Notre-Dame de la Garde Basilica.

Upon presentation of your current reservation at the hotel, receive a gift for any purchase in the boutique.

LyLy Concept - 7 rue de l'Evêché, 13002 Marseille

Tel : 0612795473

500 m from the hotel or buy online with free shipping

Fragonard:

A proud representative of the brand from Grasse, with its delicate and elaborate scents this magnificent boutique will enchant you. A family business with ancestral expertise, Fragonard composes its perfumes and soaps according to the collections.

Upon presentation of your current stay at the hotel, get a 10% discount!

Fragonard - Les Voûtes de la Major

20 Quai de La Tourette, 13002 MARSEILLE

Tel. 04 91 01 44 96



Dinh Van, designer and iconoclastic jewellery since 1965:

The vision of dinh van for jewelry is simple: a grammar impregnated with design, jewelry for all, which is worn with everything, all the time. His icon, Handcuffs Dinh Van and all the collections are to be found from Monday to Saturday in his shop downtown.

Upon presentation of your current reservation at the hotel, a champagne welcome will be reserved for you !

57, rue Francis Davso – Marseille

Tel. +33(0)6 45 20 32 63



Printemps Terrasses du Port:

Ideally located in the Terrasses du Port shopping center, Printemps is the shopping benchmark in Marseille, with a selection of women's and men's fashion, bath, lingerie and accessories (jewellery, watches & leather goods).

Enjoy an unforgettable shopping experience with a breathtaking view of the Mediterranean!

Upon presentation of your current reservation at the hotel, Printemps Terrasses du Port offers you a number of services available on site:

- A personal shopper service offered from Monday to Sunday from 10am to 8pm, which includes :
 - Possible delivery directly to the hotel
 - Physical appointment or by video
 - Product ordering
 - Coffee or champagne reception
 - Free beauty or scent workshop
- Tax exemption for customers outside the European Union (up to 12%)
- Loyalty program for French, European or foreign customers
- Click & collect (second floor) : order on our websites and do your fittings in shop. Free return to shop.
- Distance selling: On any call to 04 86 06 21 21 a secure payment link is sent for online payment. Purchases can be delivered or picked up in shop.

Service Personal Shopper:

Book your appointment online: <https://www.printemps.com/fr/fr/nos-personal-shoppers> (video or physical appointment) or by phone: 04 86 06 21 21

Click and collect:

To order online : : www.placedestendances.com / www.printemps.com / www.citadium.com



*Printemps - Centre commercial Terrasses du Port
9 quai du Lazaret, 13002 Marseille*



McArthurGlen Provence



Enjoy a shopping break at McArthurGlen Provence, the first brand village in the South of France. Ideally located close to major cities such as Marseille, Aix-En-Provence, Avignon, Arles and many others, shopping enthusiasts will discover the biggest names in fashion such as Coach, Calvin Klein, Levi's, The Kooples, Guess, Puma and many others on offer at a guaranteed minimum 30% off all year round in an elegant and unique shopping environment: over 110 major brands, 10 cafés and restaurants as well as a children's playground.

On presentation of your current hotel reservation, the Outlet McArthurGlen Provence offers you a 10% discount VIP pass to be collected from Guest Services at reception, as well as a range of other services available on site:

- Free Wi-Fi access so you can stay connected during your work and shopping sessions.
- Parking available on a large, secure parking area with dedicated spaces for cars, motorcycles and bicycles.
- Access to charging stations for electric vehicle owners.
- Strollers, wheelchairs and batteries on loan for maximum comfort.

Website: mcarthurglenprovence.com

Winter opening hours (September 2023 - June 2024)

Monday - Thursday: 10:00 - 19:00

Friday - Saturday: 10:00 - 20:00

McArthurGlen Provence

Mas de la Péronne 13140 Miramas



Pellegrin & Fils

Jewelers in Provence since 1840. In its workshop, Maison Pellegrin & Fils creates unique, made-to-measure jewels, respecting the craftsmanship of Joaillerie. Arnaud Pellegrin pays particular attention to the material and brilliance of each stone. The diamonds he selects all have that extra something that will charm you! A Marseille institution that will also welcome you on a trip to Aix-en-Provence.

Upon presentation of your current hotel reservation, enjoy a personalized welcome.

Website: pellegrinetfils.com Tel: 04 91 00 18 40

Marseille

19, rue Francis Davso 13001

Terrasses du Port & Prado shopping

Aix-en-Provence

17, Place Saint Honoré

11, rue Méjanes



• Votre podcast by Phonomade

The company Phonomade has supported us to set up a unique experience that can accompany you during your stay: the podcasts of the InterContinental Marseille Hotel Dieu. Thanks to your smartphone, you can listen to the “voices” of the hotel, and enjoy audio-guided tours of the hotel and discover the stories of the most beautiful brands in the city. A section dedicated to children will allow them to discover Marseille or listen to stories to fall asleep!

An innovative, practical, sensory and therefore resolutely human experience to listen to here:

www.phonomade.com/1333



Enjoy your stay with us!



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MARSEILLE – HOTEL DIEU