



Marseille

*Le passeport  
du flâneur*

Autumn in Marseille



INTERCONTINENTAL®  
MARSEILLE - HOTEL DIEU

# *Autumn in Marseille !*

Discover autumn at its most beautiful in Marseille and Provence, where landscapes are transformed into vibrant paintings of red, orange and gold.

Take advantage of this ideal season to explore sun-drenched terraces, majestic forests, and take sunset strolls by the sea.

To enhance your stay, our concierge service has put together a selection of unique activities and addresses with exclusive benefits. Let yourself be guided by your desires and experience unforgettable moments in complete serenity.

For personalized recommendations and advice on the best experiences, don't hesitate to consult our team.

## • Sea side

The sea and its oceanspray... Experience some unforgettable moments by the mediterranean sea!

### **La Flâneuse :**

Come aboard an exceptional boat... In a warm and friendly atmosphere, the crew of La Flâneuse invites you to take part in the boat's maneuvers, while discovering Marseille's coastline, the seafront from l'Estaque to Les Goudes, its harbor with the Château d'If and its protected natural sites.

Tel: 06 73 77 34 42

Website: <https://www.laflaneuse.fr/>



### **Cercle des nageurs de Marseille:**

Enjoy privileged access to the club's three pools, one of which is outdoors with a plunging view of the sea! Swim in the footsteps of the great names in swimming and enjoy a magnificent view of the Mediterranean. Reserve and collect your kit (towels, bathing cap and miniguide) from the concierge.

*Le Cercle des Nageurs de Marseille*

*Boulevard Charles Livon, 13007 Marseille*

*Tel: 04 96 11 55 55*



### **Kayak rental in the calanques of Cassis and Marseille:**

Lo'kayak offers a kayak rental service that lets you discover the Calanques National Park in a whole new way...

Paddle to the heart of the most beautiful calanques, such as the En-Vau and Port-Pin calanques, just a few paddles away!

*4 place Montmorin 13260 Cassis*

*E-mail: [contact@lokayakcassis.com](mailto:contact@lokayakcassis.com)*

*Tel: 04 12 04 29 69*



### **Scuba diving excursion with PureOcean :**

To illustrate our partnership with PureOcean, we suggest a unique experience to explore the crystal-clear waters of the Parc national des Calanques. Discover Scuba Diving with Dune Marseille is the ideal opportunity to learn scuba diving. This quick introduction lets you discover the basics of diving and explore the seabed in complete safety.

*7 Port de la Pointe Rouge, 13008 Marseille*

*E-mail : [marseille@dune-world.com](mailto:marseille@dune-world.com)*

*Tel : 04 28 70 89 26*

  
PURE  
OCEAN



## • Earth side

Our concierge presents a selection of excursions for every levels, in the heart of Provence, to make the most of the cultural and natural heritage of Marseille and its surroundings.

Our concierge offers a selection of hikes for all levels:

### **Sainte-Victoire:**

The Sainte Victoire mountain rises majestically over the Aix-en-Provence hinterland.

It has inspired many artists, including Paul Cézanne, who depicted it in some 80 works. It's an exceptional site in many ways.

A hike on the Sainte-Victoire, one of Provence's great classics! Culminating at 1011m, this mountain is a symbol of Bouches-du-Rhône and the surrounding area.

Climb up to the Croix de Provence or the Pic de la Mouche!



### **Sources de l'Huveaune:**

The ascent to the grotto of Marie-Madeleine also gives rise to a hike along the banks of the Huveaune river with its varied landscapes: caves, streams and forests are available to you. The walk starts in the center of the village of Nans-les-Pins, at the level of the chapel of the Miséricorde.

*The hike is 12.5km long, with a difference in altitude between 450 and 700m.*

*Easy level.*



### **The Colorado Provençal:**

A former open-cast ochre mining site, today it's possible to hike through a setting worthy of American canyons. You'll be instantly charmed by the blazing colors and atypical landscapes of this site.

*Online booking required.*

*Easy and medium level.*



### **Carry-le-Rouet, between sea and hills:**

Discover the Blue Coast through the hills of l'Estaque. Let yourself be transported by the blue train and enjoy the scenery until Carry-le-Rouet. Between small paths and wide tracks, here is a walk with multiple scents of rosemary, valerian, kermes oak, rockrose which will also offer you beautiful views of the Mediterranean Sea.

*The hike is 12km, with a difference in altitude of 210m.*

*Medium level*



### **Theatrical play based on Marcel Pagnol's "Souvenirs des collines":**

The Domaine de la font de mai is transformed into the stage for a re-enactment of Marcel Pagnol's 1940 film Souvenirs des collines. Set against a life-size backdrop, you can immerse yourself in the evocative landscapes of the Provençal writer and film-maker's work on a walk of almost 10 kilometers!

*Places are limited, ask to our concierge  
Available until the end of August.*



### **A side-car ride:**

This unusual way to discover our region will undoubtedly seduce you! Drive along the small roads and through villages of Provence, and fall under the spell of the beauty of the landscapes and the cultural heritage. There are several routes you can take to fully enjoy your unusual discovery.

*La Belle Echappée  
contact@labeledchappee.fr  
Tel: 04 82 29 29 30*



## • **Marchés de la ville**

Stroll through Marseille's markets and you're sure to find what you're looking for!

### **The summer market returns to the Old Port**

From Saturday June 3 to Sunday September 3, 2023, for its 3rd edition, the Summer Market returns to enliven the Old Port every day from 11am to 11pm.

Marseilles residents and visitors will be able to rediscover the know-how of local arts and crafts and the commercial activities of the Provençal region through some forty sheds in the old port.

Regional specialties (Marseille soap, Provençal tablecloths, marinières, tableware...) will be on display alongside decorative objects, jewelry, cosmetics and ready-to-wear...

Of course, our taste buds will also be in for a treat, with traditional local gastronomic specialties and local produce.



## • City museums

Stroll around the city and enjoy the overflowing culture of Marseille and Provence!  
Here are our recommendations:

### **Programming of the MuCEM**

The MuCEM, Museum of European and Mediterranean Civilizations, is a major cultural, architectural and heritage site. A must-see in Marseille. Located on 3 sites (the J4 esplanade, the Fort Saint-Jean and the Conservation and Resource Center), it offers a variety of exhibitions.

*Exhibitions:*

### **La Vie secrète des collections à la Belle de Mai** - until December 31, 2024 :

Exhibition: 10 years of the CCR

At Mucem, discover the extended exhibition celebrating 10 years of the Centre de Conservation et de Ressources (CCR), until December 31, 2024. This presentation features 110 objects, photographs, archives and books, revealing the life and work of the CCR since its opening in 2013. Explore how these carefully curated objects enrich our understanding of history and heritage. Don't miss this opportunity to delve into the fascinating stories behind the Mucem collections.

### **Field of Visions - until 16 September 2025:**

The artist Mathilde Rosier is sensitive to the question of agrarian rituals and the seasons, and has covered the façade of the Mucem Conservation and Resource Centre with some fifty glass eyes, as an invitation to come and take a closer look at the collection... These eyes form a link between the outdoor space and the indoor space dedicated to conservation.

### **The Great Mezze - permanent exhibition:**

We've all heard that we're supposed to eat five servings of fruits and vegetables a day, but did you know this recommendation was inspired by the Cretan diet, also known as the Mediterranean diet? Check out an inspiring exhibition focussing on the history of our region!

### **Connectivities - Mediterranean Gallery 2 - permanent exhibition:**

A History of the Great Mediterranean Port Cities of the XVI<sup>e</sup> and XVII<sup>e</sup> Centuries - Istanbul, Algiers, Venice, Genoa, Seville and Lisbon were the strategic points for power and trade.





## **Cosquer Méditerranée:**

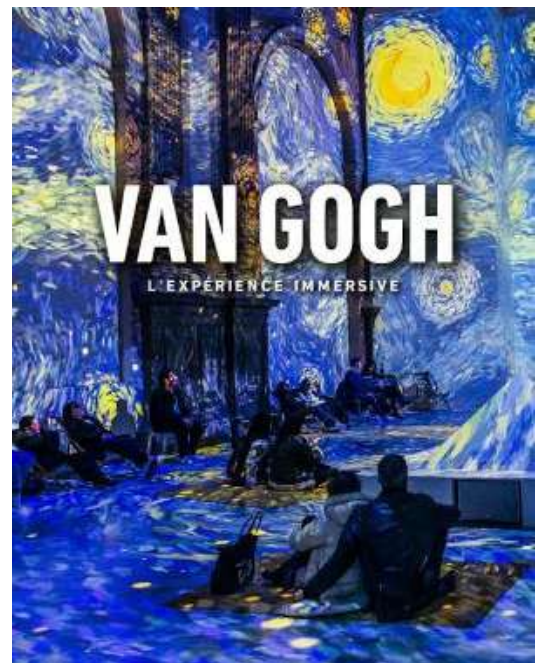
Let yourself be surprised by the prehistoric cave discovered by Henri Cosquer, reconstructed in its entirety in the Villa Méditerranée building. The Cosquer adventure will reveal all the secrets buried for 30,000 years at a depth of 37 metres, on board exploration modules.

*Cosquer Méditerranée  
Villa Méditerranée  
Promenade Robert Laffont, 13002 Marseille*

## **Immersive Van Gogh experience:**

Immerse yourself in the captivating, sensory world of the famous Dutch artist, with spectacular projections of his paintings on walls, floors and even ceilings. Music accompanies this visual immersion, creating a spellbinding ambience that allows spectators to feel the artist's intense emotions and boundless creativity.

*Blvd du Jard Zoologique, 13004 Marseille*



## **Subaquatique Museum:**

Immerse yourself in Mediterranean waters to discover a fascinating collection of underwater sculptures, created by local artists. It's a captivating adventure that blends underwater exploration and artistic appreciation, offering visitors a fresh, immersive perspective on art and the marine environment.

*Catalans Beach  
100 m from the beach and 5 m deep*





## The Vieille Charité

Just a stone's throw from the hotel, the Vieille Charité is a magical place that is pleasant to stroll through to admire the architectural beauty, but not just that... The Vieille Charité is also an arts venue, hosting several structures:

- the museum of Mediterranean archaeology
- the museum of African, Oceanian and Amerindian arts (MAAOA)
- the cipM, International center of poetry of Marseille

*Centre de la Vieille Charité*

*2 rue de la Charité - 13002 Marseille*

*Tel: 04 91 14 58 80*



## Château Borély - Museum of Decorative Arts, Earthenware and Fashion

The Château Borély is located in the 8th arrondissement of Marseille, not far from La Corniche and Prado beach. In the heart of Parc Borély, the city's most popular green space, with sculptures, ponds and gardens of all kinds, the majestic 17th century bastide now houses the Museum of Decorative Arts, Earthenware and Fashion.

At the moment, you can discover an exhibition based on the color yellow. To highlight the hidden collection of the museums of Marseille, the museum chose this sunny color to exhibit earthenware produced in the 20th century to embellish everyday tables, as well as haute couture models designed by Paco Rabanne, Chantal Thomass and Christian Lacroix.

*Château Borély - Museum of Decorative Arts, Earthenware and Fashion: 132 avenue Clot Bey - 13008 Marseille*

*Tel: 04 91 55 33 60*



## • What to do around?

### **The Carrières de Lumière at Baux-de-Provence:**

This must-see venue offers two new immersive exhibitions: "L'Égypte des pharaons. From Khufu to Ramses II" and "The Orientalists. Ingres, Delacroix, Gérôme...". Visitors can step back in time and rediscover the Egypt of the Pharaohs through the masterpieces of this mythical civilization, which spans three millennia and fascinates every generation.

*Carrières de Lumières, Baux de Provence:  
Route de Maillane - 13520 Les Baux-de-Provence  
Tel: 04 90 49 20 02*



### **Rocher Mistral leisure park:**

Just a 40-minute drive from Marseille, in the heart of the thousand-year-old castle of La Barben, the Rocher Mistral takes you on an extraordinary journey through time, with 12 shows and a host of family activities. Stunts, comedy, dance, sword-fighting and sound and light shows will amaze young and old alike.

*Rocher Mistral - Château de La Barben  
13330 La Barben  
Tel: 08 05 29 80 28*



### **Hôtel de Caumont - Centre d'art:**

Art Center in Aix-en-Provence, the Hôtel de Caumont presents the exhibition "Bonnard and Japan" from April 30 to October 6, 2024. This exhibition highlights the genius of painter Pierre Bonnard and explores the influence of Japanese art on his work. Works by the French painter will be displayed alongside Japanese prints to illustrate their correspondence and formal affinities, as well as the importance of this source of inspiration for the artist.

*Open daily from 10am to 6pm  
3, rue Joseph Cabassol 13100 Aix-en-Provence  
Tel: 04 42 20 70 01*



### **La galerie des Augustines:**

Discover the Galerie des Augustines, a hidden treasure in the Panier district. This gallery tells the fascinating story of a former 17th-century Ursuline convent, taken over by the Augustines in 1748. Today, the Galerie serves as a showcase for a variety of artistic expressions.

*Thursday to Sunday, 2pm to 8pm  
6, place des Augustines, 13002 Marseille*



## Camargue Regional natural Park:

A natural region located between the Bouches-du-Rhône and the Gard, Camargue is a land known for its wide spaces, its wild horses and bulls, its pink flamingos and thousands of migratory or sedentary birds.

True living and natural heritage, Camargue offers fabulous and various landscapes which we recommend you visit.



## Le Château La Coste:

Château Lacoste, a winegrowing estate, art center and gourmet venue, nestled on 200 hectares steeped in history and a winegrowing tradition dating back to Roman times, offers a magnificent setting of vineyards, cypresses olive and oak trees. The estate emphasizes organic farming and environmental preservation quality yields. You can explore over 40 works of contemporary art on a 2-3 hour walk through the hills and vineyards, just minutes from Aix-en-Provence. The art installations are scattered across the vineyard slopes, so comfortable shoes, appropriate clothing and water are recommended. In addition, the estate offers art and architecture exhibitions in unique galleries, as well as a variety of wines, from fresh and expressive to more structured wines for ageing, as well as La Bulle de La Coste traditional method for festive moments. An exceptional cultural and wine experience in the heart of Provence.

*Open daily from 10am to 7pm - temporary exhibitions from 12pm to 5pm*

*2750 route de la Cride - 13610 Le Puy-Sainte-Réparate*

*Tel : 04 42 61 89 98*



## • Your personalized shopping trip

So you can bring a little piece of Marseille home with you, we have selected some iconic shops, some of which have earned a reputation throughout Provence, all of France or even internationally!

### **ARMENAK:**

The wild child of Marseille fashion since 1989, ARMENAK has been offering collections of shoes and accessories for Him and Her as standard practice for over 30 years. An essential luxury shopping address in the city center of Marseille and Aix-en-Provence, ARMENAK champions fair and demanding fashion through a world of brands whose reputation is well established.

Iconic Hogan sneakers, cult Tod's moccasins, emblematic Sergio Rossi pumps & exclusive Pierre Hardy collaborations are all on show.

You will also appreciate their selection of prestigious shoes with exceptional craftsmanship by Church's, Santoni or Crockett & Jones



A Shining & Maintenance area is available for purists and lovers of personalized services. Polishing ceremonial shoes, complete shoe shine service, refresh of your favourite sneakers, artisanal patinas... their experts are waiting for you.

Don't hesitate to ask our concierge service or come directly to ARMENAK.

**Upon presentation of your current hotel reservation, you will receive a personalised gift with any purchase in the boutiques.**

*34 Rue Paradis -Marseille 1er- à 1km from the hotel.*

*523 Rue Paradis, Marseille 8ème & 19 Rue de Montigny, Aix-en-Provence.*

*ARMENAK.FR / Tel : 04 91 33 30 97*

### **The Espérantine of Marseille**



This exclusive chocolate which won Le Cordon Bleu's 1st Prize for Confectionery is a unique and delicious example of Marseille sweets. This chocolate was awarded the "1rst Price Cordon Bleu of the best confectionery" and is a unique and delicious example of the confectionery typical of Marseille.

**Show your hotel booking confirmation at the shop to taste its products and get a small box of their signature chocolates, the award-winning green and black Espérantine... for free!**

*L'Espérantine de Marseille*

*Les Voûtes de la Major- 17 Quai de La Tourette, 13002 MARSEILLE*

*Tel. 04 91 01 44 96*



### **La Lunetterie:**

This shop will thrill adults and children alike. With a large choice of original glasses, let yourself be guided by the recommendations of Gautier, the optician, who will unearth some rare gems for your sweet little face!

**Upon presentation of your current hotel reservation, get a review of your favorite pair of glasses, and a 10% discount.**

*La Lunetterie*

*5-7 Rue Méry, 13002 Marseille - 200m from the l'hôtel*

*Tel : 04 91 91 14 46*

### **400M2/THE CORNER.COM**

The opening of 400m2/TheCorner.com in Marseille in 2016 marked a new stage in the evolution of luxury goods and fashion, with its meticulously selected brands and pleasing ambiance, making the boutique the perfect place for welcoming customers to a new shopping experience. The brands are Gucci, Fendi, Saint Laurent, Prada, Dolce Gabbana, Burberry, Miu Miu, Jimmy Choo ...

**Upon presentation of your current hotel reservation, get a personalized welcome and privatization (please ask concierges in advance)**

*21 rue grignan 13006 Marseille*

*1km from the l'hôtel*

*Tel : 04 91 33 31 49*



### **La maison FROJO :**



Since 1854, Frogo has been a true jewelry craftsman for 5 generations in Marseille. Owner of his own workshop and distributor of major luxury brands, the House offers a wide range of jewelry and watches. The flagship store at 17 rue Grignan is the head office, you can find the brands Cartier, Omega, IWC, Panerai and more !

For watch lovers, the atypical space at rue Paradis will enchant you with its presentation of exceptional timepieces. For a spontaneous purchase, Mademoiselle FROJO at 20 rue Francis Davso, presents the creations of Charlet, Ginette NY, Vanrycke and Djula.

**Upon presentation of your current hotel reservation, distributor of jewels and watches from luxury brands.**

*La Maison Frojo*

*17 rue Grignan, 6 rue Paradis, 20 rue Francis Davso*

*13006 Marseille*



### **Lyly concept:**

LyLy Concept, a boutique nestled in the heart of the historic Panier district, was created out of a desire to promote local designers. In the cosy atmosphere of the city's oldest soap factory, Fer à Cheval, you can find genuine Savon de Marseille soap, natural candles scented with Mediterranean fragrances and illustrations of some of the Phocaeen city's most iconic figures.

You can also appreciate sardines (and the fish story of the one that supposedly choked the port of Marseille), the characteristic latticework on the Mucem's façade, and souvenirs made of traditional terracotta tiles in shimmering colours proudly displaying the silhouette of Notre-Dame de la Garde Basilica.

**Upon presentation of your current reservation at the hotel, receive a gift for any purchase in the boutique.**

*LyLy Concept - 7 rue de l'Evêché, 13002 Marseille*

*Tel : 0612795473*

*500 m from the hotel or buy online with free shipping*

### **Fragonard:**

A proud representative of the brand from Grasse, with its delicate and elaborate scents this magnificent boutique will enchant you. A family business with ancestral expertise, Fragonard composes its perfumes and soaps according to the collections.

**Upon presentation of your current stay at the hotel, get a 10% discount!**

*Fragonard - Les Voûtes de la Major*

*20 Quai de La Tourette, 13002 MARSEILLE*

*Tel. 04 91 01 44 96*



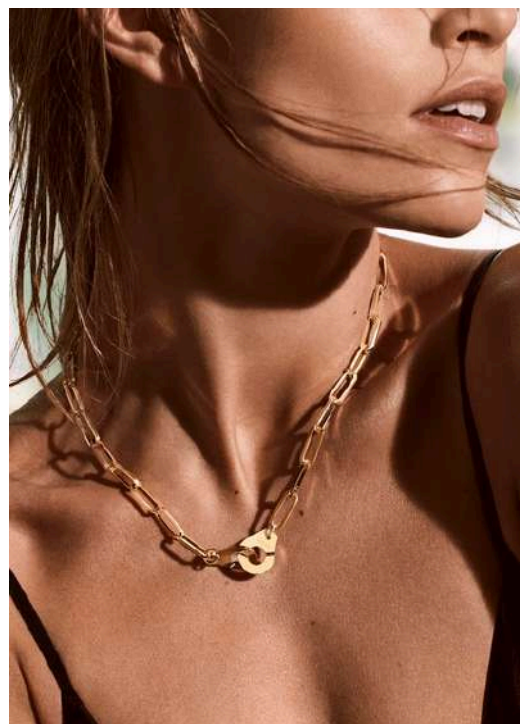
### **Dinh Van, designer and iconoclastic jewellery since 1965:**

The vision of dinh van for jewelry is simple: a grammar impregnated with design, jewelry for all, which is worn with everything, all the time. His icon, Handcuffs Dinh Van and all the collections are to be found from Monday to Saturday in his shop downtown.

**Upon presentation of your current reservation at the hotel, a champagne welcome will be reserved for you !**

*57, rue Francis Davso – Marseille*

*Tel. +33(0)6 45 20 32 63*



## Printemps Terrasses du Port:

Ideally located in the Terrasses du Port shopping center, Printemps is the shopping benchmark in Marseille, with a selection of women's and men's fashion, bath, lingerie and accessories (jewellery, watches & leather goods).

Enjoy an unforgettable shopping experience with a breathtaking view of the Mediterranean!

### Upon presentation of your current reservation at the hotel, Printemps Terrasses du Port offers you a number of services available on site:

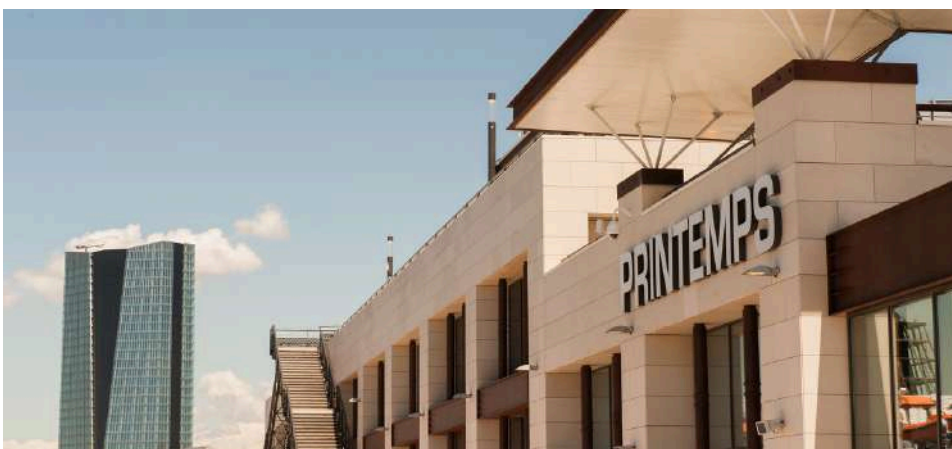
- A personal shopper service offered from Monday to Sunday from 10am to 8pm, which includes :
  - Possible delivery directly to the hotel
  - Physical appointment or by video
  - Product ordering
  - Coffee or champagne reception
  - Free beauty or scent workshop
- Tax exemption for customers outside the European Union (up to 12%)
- Loyalty program for French, European or foreign customers
- Click & collect (second floor) : order on our websites and do your fittings in shop. Free return to shop.
- Distance selling: On any call to 04 86 06 21 21 a secure payment link is sent for online payment. Purchases can be delivered or picked up in shop.

### Service Personal Shopper:

Book your appointment online: <https://www.printemps.com/fr/fr/nos-personal-shoppers> (video or physical appointment) or by phone: 04 86 06 21 21

### Click and collect:

To order online : : [www.placedestendances.com](http://www.placedestendances.com) / [www.printemps.com](http://www.printemps.com) / [www.citadium.com](http://www.citadium.com)



*Printemps - Centre commercial Terrasses du Port  
9 quai du Lazaret, 13002 Marseille*

## McArthurGlen Provence



Enjoy a shopping break at McArthurGlen Provence, the first brand village in the South of France. Ideally located close to major cities such as Marseille, Aix-En-Provence, Avignon, Arles and many others, shopping enthusiasts will discover the biggest names in fashion such as Coach, Calvin Klein, Levi's, The Kooples, Guess, Puma and many others on offer at a guaranteed minimum 30% off all year round in an elegant and unique shopping environment: over 110 major brands, 10 cafés and restaurants as well as a children's playground.

**On presentation of your current hotel reservation, the Outlet McArthurGlen Provence offers you a 10% discount VIP pass to be collected from Guest Services at reception, as well as a range of other services available on site:**

- Free Wi-Fi access so you can stay connected during your work and shopping sessions.
- Parking available on a large, secure parking area with dedicated spaces for cars, motorcycles and bicycles.
- Access to charging stations for electric vehicle owners.
- Strollers, wheelchairs and batteries on loan for maximum comfort.

Website: [mcarthurglenprovence.com](http://mcarthurglenprovence.com)

Winter opening hours (September 2023 - June 2024)

Monday - Thursday: 10:00 - 19:00

Friday - Saturday: 10:00 - 20:00

McArthurGlen Provence

Mas de la Péronne 13140 Miramas



## Pellegrin & Fils

Jewelers in Provence since 1840. In its workshop, Maison Pellegrin & Fils creates unique, made-to-measure jewels, respecting the craftsmanship of Joaillerie. Arnaud Pellegrin pays particular attention to the material and brilliance of each stone. The diamonds he selects all have that extra something that will charm you! A Marseille institution that will also welcome you on a trip to Aix-en-Provence.

**Upon presentation of your current hotel reservation, enjoy a personalized welcome.**

Website: [www.pellegrinetfils.com](http://www.pellegrinetfils.com) Tel: 04 91 00 18 40

### **Marseille**

19, rue Francis Davso 13001

Terrasses du Port & Prado shopping

### **Aix-en-Provence**

17, Place Saint Honoré

11, rue Méjanes



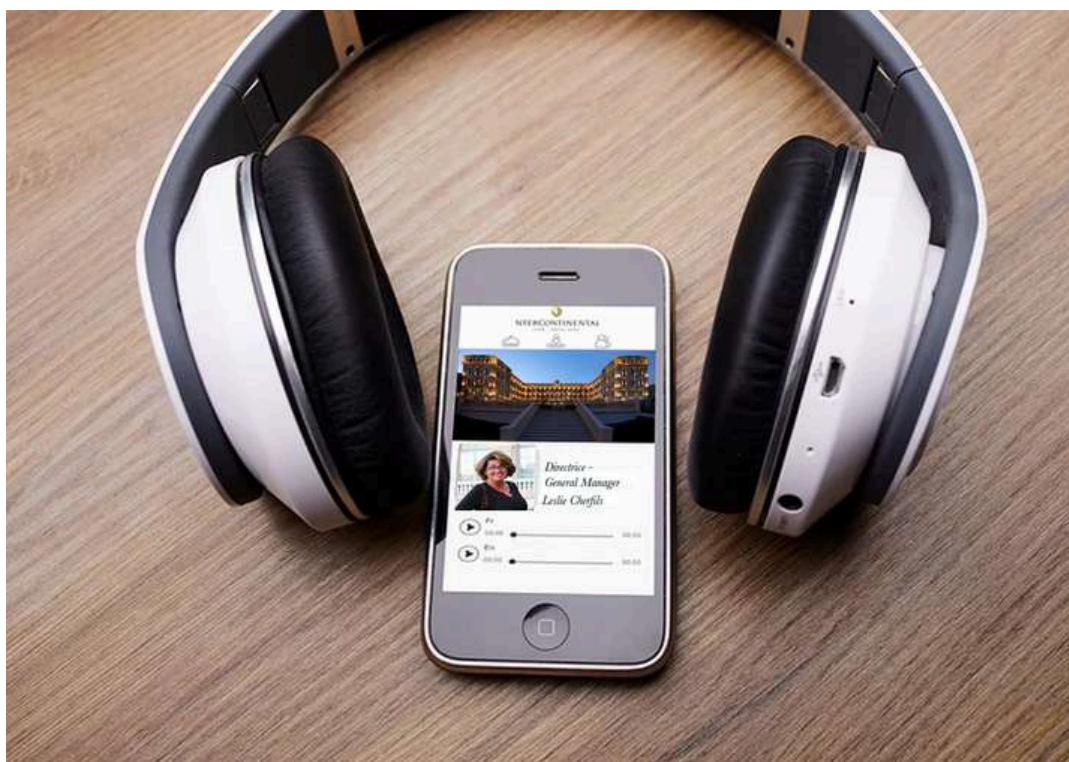


## • **Votre podcast by Phonomade**

The company Phonomade has supported us to set up a unique experience that can accompany you during your stay: the podcasts of the InterContinental Marseille Hotel Dieu. Thanks to your smartphone, you can listen to the “voices” of the hotel, and enjoy audio-guided tours of the hotel and discover the stories of the most beautiful brands in the city. A section dedicated to children will allow them to discover Marseille or listen to stories to fall asleep!

An innovative, practical, sensory and therefore resolutely human experience to listen to here:

[www.phonomade.com/1333](http://www.phonomade.com/1333)



*Enjoy your stay with us!*



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MARSEILLE – HOTEL DIEU