

Le passeport du flånenr

A Summer in Marseille





A Summer in Marseille!

Experience Summer in Marseille and Provence, where the Mediterranean charm shines under a radiant sun.

Take in blooming landscapes, stroll through vibrant markets, and soak up the unique atmosphere of café terraces and open-air dining.

It's the perfect season for seaside walks, gourmet getaways, and moments of pure relaxation in a stunning setting.

To make your stay even more special, our concierge team has handpicked must-do experiences and exclusive addresses, each with unique perks.

Let yourself be inspired and enjoy an unforgettable summer, entirely at your own pace. Our team is at your service with tailored recommendations to enhance your

stay.

• Seaside

The sea and its spray... Experience breathtaking moments in the Mediterranean!

La Flâneuse

Step aboard an exceptional boat...

In a friendly and warm atmosphere, the crew of La Flâneuse invites you to join the maneuvers while discovering the Marseille coastline, from the waterfront of l'Estaque to Les Goudes,

its harbor with the Château d'If, and its protected natural sites.

Tel : 06 73 77 34 42 Website : https://www.laflaneuse.fr/





Cercle des Nageurs de Marseille

Enjoy privileged access to the club's three pools, including an outdoor one with a breathtaking view of the sea!

Swim in the footsteps of swimming legends and take in the stunning Mediterranean scenery.

Book now and pick up your kit (towel, swim cap, and mini-guide) at the concierge desk.

Le Cercle des Nageurs de Marseille Boulevard Charles Livon, 13007 Marseille Tel : 04 96 11 55 55

Luxury catamaran cruise on the Mediterranean

With AMC Cape Sea, experience a new era of luxury cruises where every moment is designed to delight your senses and fulfill your every desire.

Step aboard for a dream day or an unforgettable vacation with family or friends, exploring the Mediterranean's most sought-after destinations.

info@amccapesea.com + 33 (0) 4 94 55 28 60 www.amccapesea.com





Scuba Diving Excursion with PureOcean

To illustrate our partnership with PureOcean, we invite you to experience the crystal-clear waters of the Calanques National Park like never before. Discover Scuba Diving with Dune Marseille is the perfect opportunity to learn scuba diving.

This quick introduction allows you to master the basics and explore the underwater world safely.

<u>7 Port de la Pointe Rouge, 13008 Marseille</u> E-mail : marseille@dune-world.com Tel : 04 28 70 89 26

Côté Mer



Calanques National Park

The Calanques National Park, stretching from Marseille to Cassis, is a protected natural treasure known for its spectacular limestone cliffs, crystal-clear coves, and exceptional biodiversity. From the famous En-Vau cove to Sugiton and Morgiou, each site offers breathtaking beauty and a peaceful escape in the heart of nature

As a fragile ecosystem, the park requires special care: visitors are encouraged to stay on marked trails, take their trash with them, and avoid disturbing the wildlife. Protecting this unique environment is essential to preserve its beauty for future generations.



Pavillon Bleu

The Blue Flag is an international environmental and tourism label awarded annually since 1985 by the Teragir association. It recognizes municipalities and marinas that meet strict criteria in environmental management, sustainable tourism, water quality, safety, and environmental education.

Today, this label is globally recognized as a symbol of coastal quality and environmental responsibility. To earn it, sites must comply with rigorous standards regarding waste management, biodiversity protection, accessibility for all, and public awareness. Near Marseille, several beaches and ports proudly fly the Blue Flag. Among them are Bestouan Beach in Cassis, known for its clear waters and preserved natural environment; Lumière Beach in La Ciotat, which combines water quality and accessibility; and Rouet Beach in Carry-le-Rouet, a family-friendly beach committed to eco-friendly practices.

Even smaller ports, such as the Madrague de Gignac port, have earned this label thanks to their environmentally respectful management.

These examples demonstrate the commitment of coastal communities around Marseille to a cleaner and more sustainable coastline.



Bestouan Beach in Cassis

louet Beach in Carry-le-Roue

La Madrague de Gignac Port

• Earth side

Our concierge team offers a selection of hikes for all levels to help you make the most of Marseille's cultural heritage and its surroundings.

Sainte-Victoire

The Sainte-Victoire mountain rises majestically over the Aix countryside.

It has inspired many artists, including Paul Cézanne, who depicted it in nearly 80 works. This site is exceptional in many ways. Hiking Sainte-Victoire is a classic Provence experience! Rising to 1,011 meters, this mountain is a symbol of the Bouches-du-Rhône region and its surroundings.

Climb to the Croix de Provence or challenge yourself with the ascent to the Pic de la Mouche!



Sources de l'Huveaune

The hike to the Marie-Madeleine cave offers a varied landscape along the banks of the Huveaune River: caves, streams, and forests await you. The walk begins in the center of the village of Nans-les-Pins, near the Chapelle de la Miséricorde.

The hike is 12.5 km long, with an elevation gain between 450 and 700 meters. Easy level.



Le Colorado Provençal

Once an open-pit ochre mining site, it is now possible to stroll through a landscape reminiscent of American canyons. You will be instantly captivated by the vivid colors and unique scenery of this place.

Online booking is mandatory. Difficulty level: easy to moderate.



• Earth side

Our concierge team offers a selection of hikes for all levels to help you make the most of Marseille's cultural heritage and its surroundings.

Carry-le-Rouet entre mer et collines

Discover the Côte Bleue through the hills of the Chaîne de l'Estaque on the enchanting route offered by the Blue Train. Let yourself be carried away by the landscape of Marseille from Carry-le-Rouet!

Narrow paths and wide trails lined with rosemary, valerian, kermes oak, and rockrose will delight your senses, along with stunning views of the Mediterranean Sea.

The hike is 12 km long, with an elevation gain of 210 meters. Moderate difficulty level.

Sainte-Baume

In the heart of Provence, not far from Aix-en-Provence, the Sainte Baume massif boasts remarkable biodiversity and more. Steeped in the history of Mary Magdalene's retreat after the crucifixion of Jesus Christ, the hikes leading to the summit offer panoramic views stretching to Sainte Victoire, the Alps, and the sea.

The climb to the sanctuary is 3 km, taking about 1 hour of hiking. Moderate difficulty level.



This unique discovery of our region will undoubtedly charm you!

Wander the small roads and villages of Provence and fall under the spell of its beautiful landscapes and rich cultural heritage. Several routes are available for you to fully enjoy this off-thebeaten-path excursion.

La Belle Echappée contact@labellechappee.fr Tel : 04 82 29 29 30







City Museums

Wander through the city and enjoy the rich culture of Marseille and Provence! Here are our recommendations:

MUCEM Program

The MUCEM, Museum of European and Mediterranean Civilizations, is a major cultural, architectural, and heritage landmark a must-visit in Marseille! Spread across three sites, it offers a variety of exhibitions.

Laure Prouvost Exhibition Au Fort — until Sunday, September 28, 2025

Discover the captivating exhibition by Laure Prouvost, titled Au Fort, Les Âmes Sont, held at the MuCEM in Marseille. This exhibition highlights the museum's commitment to contemporary creation and addresses essential issues of our time. Video artist Laure Prouvost presents poetic installations where images transcend screens to interact with visitors through objects, sculptures, and materials. Her dreamlike language evokes surreal imagery and celebrates life and transformation.

Popular? The Treasures of the MuCEM Collections — until December 31, 2026

For its 10th anniversary, MuCEM showcases its rich and diverse collection, blending folk art and fine art. The permanent exhibition on the ground floor explores the human and historical dimensions of objects, revealing their journey and meaning. Breaking with traditional hierarchies, it juxtaposes paintings, ex-votos, and icons with unexpected pieces such as decorated beehive doors. An immersive digital setup enhances this discovery of the "popular culture" that flows through the museum's identity.

Field of Visions — until September 16, 2025

Mathilde Rosier's Field of Visions installation adorns the façade of MuCEM's Conservation and Resources Center with about fifty glass eyes, created in collaboration with Cirva. These mysterious growths, halfway between fruits and organs, invite viewers to explore the museum's collections. Sensitive to natural cycles, the artist transforms the wall into a living field where these "seed-eyes" symbolize the growth of knowledge and emotions.

Connectivities — Mediterranean Gallery 2, Permanent Exhibition

A history of the major Mediterranean port cities of the 16th and 17th centuries — Istanbul, Algiers, Venice, Genoa, Seville, and Lisbon — which were then strategic hubs of power and trade.





Cosquer Méditerranée

Let yourself be amazed by this prehistoric cave discovered by Henri Cosquer, fully recreated inside the Villa Méditerranée building. The Cosquer adventure will reveal all its secrets, hidden for 30,000 years beneath 37 meters of water, as you explore aboard special exploration modules.

Cosquer Méditerranée - Villa Méditerranée Promenade Robert Laffont, 13002 Marseille

The Musée Regards de Provence

The Musée Regards de Provence highlights two major exhibitions:

"The Public's Choice" (April 4, 2024 to February 15, 2026) showcases visitors' favorite works from the museum's collections, offering a lively and participatory perspective on artistic creation in Provence.

"Laurent Mattio, Painting the Light" (March 25 to September 28, 2025) explores the artist's luminous and poetic universe, capturing Mediterranean landscapes and suspended moments.





The Museum of Contemporary Art

The Museum of Contemporary Art in Marseille houses a rich collection of modern and contemporary art, rooted in the Nouveaux Réalistes movement and expanded to include Arte Povera, Fluxus, and Supports/Surfaces. It also features digital and video works by artists such as Julien Prévieux and Kader Attia. The museum's garden showcases contemporary sculptures, and the collection is available online through Videomuseum.

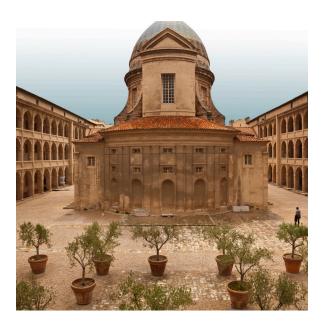
69, avenue de Haïfa 13008 Marseille Musée d'art contemporain

Centre de la Vieille Charité

Just steps from the hotel, La Vieille Charité is a magical place perfect for a stroll to admire its architectural beauty and much more. It is also a cultural hub hosting several institutions:

- The Mediterranean Archaeology Museum
- The Museum of African, Oceanian, and Amerindian Arts (MAAOA)
- cipM, the International Poetry Center of Marseille

Centre de la Vieille Charité 2 rue de la Charité - 13002 Marseille Tel : 04 91 14 58 80



Château Borély – Museum of Decorative Arts, Faience, and Fashion

Château Borély is located in the 8th district of Marseille, near the Corniche and the Prado beaches. Situated in the heart of Parc Borély, the city's most popular green space, with sculptures, ponds, and gardens of all kinds, the majestic I7th-century bastide now houses the Museum of Decorative Arts, Faience, and Fashion.

You can find there a selection of 2,500 works: furniture, ceramics, glassware, tapestries, art objects, rare exotic items, design pieces, and fashion collections from the 18th century to the present day.

Currently, there is an exhibition centered on the color yellow. To showcase collections from Marseille's museums that are rarely displayed to the public, the museum chose this "color of the South" to present 20th-century faience used to beautify everyday tables, alongside haute couture designs imagined by Paco Rabanne, Chantal Thomass, and Christian Lacroix.

Château Borély – Musée des Arts décoratifs, de la Faïence et de la Mode : 132 avenue Clot Bey -13008 Marseille Tel : 04 91 55 33 60



• What to do nearby?

The Carrières de Lumière in Les Baux-de-Provence

This must-see venue currently features the immersive exhibition "Monet + Le Douanier Rousseau."

Starting July 4, 2025, discover "The Little Prince."

The Carrières Evenings return from July 17 to December 27, 2025, with 11 exceptional evenings: "Cézanne," "From Vermeer to Van Gogh," and "The Orientalists."

Route de Maillane – 13520 Les Baux-de-Provence Tel : 04 90 49 20 02

Art of the Brick : LEGO Art Exhibition

A small brick with worldwide success. After captivating over 10 million people globally and attracting more than half a million visitors in France in 2024, The Art of the Brick exhibition is coming to Marseille. Presented by Exhibition Hub and Fever, the exhibition will open its doors featuring over a hundred works by artist Nathan Sawaya, for the enjoyment of both young and old.

45 Rue Saint Ferreol, 13001 Marseille

Marseille History Museum

A symbol of conviviality and a true part of Marseille's identity, pétanque takes center stage at the History Museum.

The exhibition traces its history and social and cultural roots, with a focus on photographs by Hans Sylvester, who captured the world of Provençal pétanque in the 1960s and '70s.

Posters, objects, drawings, and an outdoor pétanque court complete this immersive and popular experience, reflecting the beloved game cherished by the people of Marseille.

Ouvert du mardi au dimanche de 10h à 18h Port Antique, rue Barbusse, 13001 Marseille

La galerie des Augustines

Discover the Galerie des Augustines, a hidden gem in the Panier district. This gallery tells the fascinating story of a 17th-century Ursuline convent, taken over by the Augustines in 1748. Today, the Galerie showcases a variety of artistic expressions.

Du Jeudi au Dimanche de 14h à 20h 6, place des Augustines, 13002 Marseille









Camargue Regional Nature Park

A natural region located between Bouches-du-Rhône and Gard, the Camargue is known for its vast open spaces, wild horses and bulls, flamingos, and thousands of migratory and resident birds.

A true living and natural heritage, the Camargue offers stunning and diverse landscapes that we highly recommend you visit.



Le Château Lacoste :

Château Lacoste, a vineyard estate, art center, and gastronomic venue, is nestled on 200 hectares rich in history and a winemaking tradition dating back to Roman times. The estate features beautiful vineyards, cypress trees, umbrella pines, olive trees, and oaks. It focuses on organic farming and environmental preservation, prioritizing quality yields.

You can explore over 40 contemporary artworks during a 2 to 3-hour walk through the hills and vineyards, just minutes from Aixen-Provence. The art installations are spread across the vineyard slopes, so comfortable shoes, appropriate clothing, and water are recommended.

The estate also hosts art and architecture exhibitions in unique galleries, and offers a variety of wines—from fresh, expressive varieties to more structured aged wines—as well as La Bulle de La Coste, a traditional method sparkling wine perfect for festive moments.

An exceptional cultural and wine experience in the heart of Provence!

Open daily from 10 a.m. to 7 p.m. – temporary exhibitions from 12 p.m. to 5 p.m. 2750 route de la Cride - 13610 Le Puy-Sainte-Réparade Tel : 04 42 61 89 98



Your personalized shopping trip

To bring a piece of Marseille back with you, we've selected a few iconic shops, some of which have a regional, national, or even international reputation!

ARMENAK

A wild child of Marseille fashion since 1989, ARMENAK has been offering expertly crafted collections of shoes and accessories for both women and men for over 30 years. A must-visit luxury shopping destination in the city centers of Marseille and Aixen-Provence, ARMENAK champions refined and demanding fashion through a universe of well-established brands.

Iconic Hogan sneakers, cult Tod's loafers, signature Sergio Rossi heels, and exclusive collaborations with Pierre Hardy are all available.

You'll also appreciate their selection of prestigious shoes, showcasing exceptional craftsmanship from Church's, Santoni, and Crockett & Jones.



A Shining & Care area is available for purists and lovers of personalized services. Whether it's polishing your formal shoes, a full shoe shine, refreshing your favorite sneakers, or artisanal patinas... their experts are ready to help. Feel free to ask our concierge or contact ARMENAK directly for more information.

Present your current hotel reservation and receive a personalized gift with any purchase in-store.

34 Rue Paradis -Marseille 1er- à 1km de l'hôtel. 523 Rue Paradis, Marseille 8ème & 19 Rue de Montigny, Aix-en-Provence. ARMENAK.FR / Tel : 04 91 33 30 97

L'Espérantine de Marseille



This is the quintessential Marseille confectionery. A perfect blend of flavor and Marseille symbols, the chocolates from L'Espérantine are renowned for their use of olive oil and sweet almonds, pure products from the South of France.

This exclusive chocolate, awarded the "1st Prize Cordon Bleu for Best Confectionery," is a unique and delicious example of typical Marseille sweets.

Upon presentation of your current hotel reservation, the boutique offers tastings of all its products, and you will receive a small box containing their signature chocolates: the green and black Espérantines!

L'Espérantine de Marseille Les Voûtes de la Major- 17 Quai de La Tourette, 13002 Marseille Tel : 04 91 01 44 96



La Lunetterie

This boutique will delight both young and old. With a wide selection of unique and original glasses, let yourself be guided by the expert advice of optician Gautier, who will help you find the perfect pair to brighten up your lovely face!

Present your current hotel reservation to enjoy a free adjustment of your favorite glasses, plus a 10% discount on all items in the store.

La Lunetterie 5-7 Rue Méry, 13002 Marseille - à 200m de l'hôtel Tel : 04 91 91 14 46

400M2/THE CORNER.COM

The opening of the 400m² THE CORNER.COM in Marseille in 2016 marked an evolution in luxury and fashion, offering a carefully curated selection of brands and a pleasant atmosphere, making the store a perfect place to welcome customers for a new shopping experience. Brands include Gucci, Fendi, Saint Laurent, Prada, Dolce & Gabbana, Burberry, Miu Miu, Jimmy Choo, and more....

Upon presenting your current hotel reservation, enjoy a personalized welcome and the possibility of private shopping (please request in advance with the concierge).



400M2 21 rue grignan 13006 Marseille - à 1km de l'hôtel Tel : 04 91 33 31 49



La Maison FROJO

Frojo is a true jewelry craftsman with five generations of expertise in Marseille. Owner of its own workshop since 1854 and distributor of major luxury brands, the Maison offers a wide range of jewelry and watches. The flagship store at 17 rue Grignan is the main house. For watch lovers, the more unique space on rue Paradis will delight you with its exceptional timepieces. For a more spontaneous purchase, Mademoiselle FROJO at 20 rue Francis Davso features creations by Charlet, Ginette NY, Vanrycke, and Djula.

Present your current hotel reservation to receive personalized service.

La Maison Frojo - <u>www.frojo.com</u> 17 rue Grignan, 6 rue Paradis, 20 rue Francis Davso 13006 Marseille



Lyly concept

Born from the desire to showcase local creators, the Lyly Concept boutique is nestled in the historic Panier district.

In a cozy atmosphere, you'll find a mix of authentic Marseille soap from the oldest soap factory "Le Fer à Cheval," natural candles with Mediterranean scents, and iconic illustrations of the Phocaean city.

You can also discover the sardine that famously blocked Marseille's port, the distinctive Mucem mesh, and the traditional colorful tomette tiles proudly featuring the silhouette of Notre Dame de la Garde.

Lyly will gladly help you take a piece of our city with you...

Upon presenting your current hotel reservation, receive an exclusive gift with any purchase in the boutique.

LyLy Concept - 7 rue de l'Evêché, 13002 Marseille Tel : 0612795473 À 500 m de votre hôtel ou achat à distance avec livraison offerte

Fragonard

A proud representative of the brand originating from Grasse, this stunning boutique under the Voûtes de la Major enchants you with its delicate and carefully crafted scents.

A family-owned house with ancestral expertise, Fragonard creates its perfumes and soaps following its collections, always respecting the traditional manufacturing rituals...

Upon presentation of your current hotel reservation, enjoy a 10% discount!

Fragonard - Les Voûtes de la Major 20 Quai de La Tourette, 13002 MARSEILLE Tel. 04 91 01 44 96



Dinh Van, des bijoux design et iconoclastes depuis 1965

The vision of Maison Dinh Van is simple: a design-driven language, with jewelry for everyone—pieces to wear with everything, all the time. Its iconic Menottes Dinh Van and full collections can be discovered Monday through Saturday at its boutique in the city center.

Upon request through the concierge in advance and presentation of your current hotel reservation, a champagne welcome will be offered!

57, rue Francis Davso – Marseille Tel. +33(0)6 45 20 32 63



Printemps Terrasses du Port

Ideally located in the Les Terrasses du Port shopping center, Printemps is Marseille's flagship department store, offering a curated selection of women's and men's fashion, swimwear, lingerie, and accessories (jewelry, watches & leather goods).

Enjoy an unforgettable shopping experience with a stunning view of the Mediterranean!

Upon presentation of your current hotel reservation, Printemps Terrasses du Port offers you a range of on-site services

A complimentary personal shopper service is available Monday to Sunday from 10 a.m. to 8 p.m., including:

- Delivery directly to your hotel
- In-person or video appointments
- Product ordering
- Coffee or champagne welcome
- Complimentary beauty session or olfactory workshop

Additional services include:

- Tax refund for non-EU customers (up to 12%)
- Loyalty program with exclusive benefits for French, European, and international clients
- Click & Collect (upper level): order online, try on in-store, and enjoy free in-store returns
- Remote shopping: call +33 4 86 06 21 21 to receive a secure payment link. Purchases can be delivered or picked up in-store

Service Personal Shopper :

Book an appointment online: <u>https://www.printemps.com/fr/fr/nos-personal-shoppers</u> (rendez-vous visio ou physique)or by phone: +33 4 86 06 21 21

Click and collect :

Pour commander en ligne : <u>www.placedestendances.com</u> / <u>www.printemps.com</u> / <u>www.citadium.com</u>



Printemps - Centre commercial Terrasses du Port 9 quai du Lazaret, 13002 Marseille

McArthurGlen Provence



Enjoy a shopping break at McArthurGlen Provence, the first designer outlet village in the South of France. Ideally located near major cities like Marseille, Aix-en-Provence, Avignon, Arles and more, it's a must-visit for fashion lovers. Discover top brands such as Coach, Calvin Klein, Levi's, The Kooples, Guess, Puma and many othersall at a guaranteed minimum of 30% off year-round.

Shop in a refined and unique setting featuring over 110 premium brands, 10 cafés and restaurants, and a children's play area.

Upon presentation of your current hotel reservation, McArthurGlen Provence Outlet offers you a VIP pass with 10% off, available at the Guest Services desk at the entrance, along with many other services available on-site

- Free Wi-Fi access to keep you connected during your work session and shopping.
- Access to a large, secure parking area with dedicated spaces for cars, motorcycles, and bicycles.
- Charging stations available for electric vehicle owners.
- Stroller, wheelchair, and portable battery loans to ensure maximum comfort.

Site internet: mcarthurglenprovence.com

Opening hours: Monday – Thursday: 10:00 AM – 8:00 PM Friday – Saturday: 9:00 AM – 8:00 PM

McArthurGlen Provence Mas de la Péronne 13140 Miramas



Pellegrin & Fils

Jewelers in Provence since 1840. Maison Pellegrin & Fils creates unique, bespoke jewelry in its workshop, honoring the craftsmanship of jewelry making. Arnaud Pellegrin places special emphasis on the material and brilliance of each stone. The diamonds he selects all have that extra soul that will surely charm you! A Marseille institution that will also welcome you during a getaway to Aix-en-Provence.

Upon presentation of your current hotel reservation, enjoy a personalized welcome

Site internet: <u>www.pellegrinetfils.com</u> Tel : 04 91 00 18 40 Marseille 19, rue Francis Davso 13001 Terrasses du Port & Prado shopping Aix-en-Provence 17, Place Saint Honoré 11, rue Méjanes





Your podcast by Phonomade

Phonomade supports us in creating a unique experience to guide you during your stay: the InterContinental Marseille podcasts.

Thanks to your smartphone, you can listen to the "voices" of our teams, enjoy audio-guided tours of the hotel and its surroundings, and discover the stories behind the city's most beautiful establishments. A special section dedicated to children will allow them to explore Marseille or listen to bedtime stories! An innovative, convenient, sensory, and ultimately deeply human experience to listen to here:

www.phonomade.com/1333



Enjoy your stay with ng!

